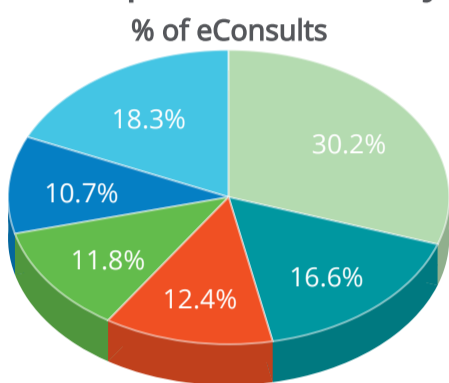


Psychiatry eConsults

The eConsultBASE™ service improves access to specialist care for patients by facilitating electronic communication between Primary Care Providers (PCPs) and specialists

From July 2011 to January 2015, **169 eConsults** were requested to psychiatry specialists

Content of questions asked by PCPs



● Depressive Disorders	30.2%
● Anxiety Disorders	16.6%
● Neurodevelopmental Disorders	12.4%
● Bipolar and Related Disorders	11.8%
● Schizophrenia Spectrum and Other Psychotic Related Disorders	10.7%
● Other	18.3%

In the other category, topics included: substance-related and addictive disorders, obsessive-compulsive and related disorders, neurocognitive disorders and more



87% of cases took 15 minutes or less to complete



Average response time was **3.2 days**

The most common questions from PCPs pertained to...



75.7% Drug Treatment

- Drug of choice
- Adverse effects from medications
- Prescribing Indications



13.6% Management

- General management
- Other providers available



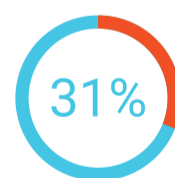
10.1% Diagnosis

- Interpretation of results/lab tests

62.1% of eConsults provided advice on a new or additional course of action.

In 32.5% of cases, the current treatment plan was validated.

"Excellent collaboration, very quick response..."



Referral was originally considered but avoided as a result of eConsult

Case Example

Day 1

PCP asks specialist about a patient with depression who is currently using Effexor XR but continues to have avolition, low energy, excessive sleepiness, low self-image and craving for sweets. PCP requests suggestions for altering her medication treatment.

Day 1

Specialist recommends increasing the dose of the current medication and adding Wellbutrin to the medication regime.

Day 6

PCP accepts recommendation and closes case.

